



YouPower Training Presents:



**2BBOYS
BOYS GROUPS**

Indigenous/First Nation Focused Facilitator Training

Facilitator Training Agenda

**Do you want to increase boy's social and emotional literacy?
Plus provide opportunities for fun and bonding?**

Why wait for problem's to develop youths' lives? 2BBoys and Girl Power Facilitator Training are workshops that will prepare participants to launch a pre-adolescent girl and boy's group in your community. The trainings are designed for community leaders, educators, social workers, counsellors, youth workers, CHR's, wellness workers, recreation workers, elders and others who support girls' growth and development.

Contact: Sherry Bezanson 1-250-514-1570 www.youpower.ca email: sherry@youpower.ca

9:00-noon

Literature Overview

What's going on with Boys?
Boys and the Media
Boys and Medication
Boys and Anger
Increasing Emotional IQ
Changing Beliefs
Substance Issues
Protective Factors

Building a Healthy Boys Groups

Prevention Programs
First Nation Boys
Staffing
Mentors & Elders
Nature and Character
The Group Model
Managing Behaviors in the Group
Managing Your Own Responses

1-4 pm

Lesson Plans

Review and discuss in small groups

Questions and Feedback

Presenter (Sherry Bezanson) & Program Creators:

Sherry Bezanson, BSW, M. Ed (Couns. Psych.) Sherry has worked in First Nation communities and organizations across Canada providing trainings for the Girl Power, Fempower and 2BBoys programs since 2001. She has worked with youth and adults for over 25 years in the counselling field.

Jeffrey More, BA, DKATI, MSW. Jeff is Mohawk descent and raises his Secwepemc children in Kamloops, BC; he has a degree in psychology from McMaster University; a 2-year post-baccalaureate diploma in art therapy from the Kutenai Art Therapy Institute; an MSW. Jeffrey has training and professional experience in the field of trauma (including historic trauma of Aboriginal children and families), grief, substance abuse, child development, and fostering/adoption in Aboriginal families. He is the author of a booklet describing the efficacy of art therapy with Aboriginal Peoples. In January 2010 Jeffrey achieved Certification as a Registered Art Therapist with the Canadian Art Therapy Association. He integrates into his therapy sensitivity and awareness that comes from addressing his own traumatic experiences.